

## PTSD Groups Interest Sheet

I am interested in attending a 12-week didactic group on becoming a better communicator to both understand better and be better understood.

I am interested in an open-ended, combat veteran's, PTSD, discussion group.

Name:

Preferred to be called\*:

Street Address\*:

City, Zip\*:

Voice #\*:

Text #\*:

E-Mail\*:

\* Optional information. I do need some POC for you. Otherwise, share as you see fit.

Veteran  Family of a Vet  Friend of a Vet  Other  -

Age\*:

Era(s)\*:

The group will meet one (1) day per week for 1½ hours, starting as early as 1600 hours and ending no later than 2100 hours. Once information regarding participant availability has been collected, a day/time will be picked which accommodates the greatest overlap.

Days you could possibly attend: Tue  Wed  Thu  Fri  Sat

What hours would you be available:

Please share any other information you wish at this time.

By signing this sheet, I am acknowledging interest in attending one of Sergeant Stahl's groups. I understand that Sergeant Stahl does have combat experience, formal education and counseling experience but is not licensed by any agency: governmental or private and has absolutely NO affiliation with the Department of Veterans' Affairs. He is offering his diverse experience on a voluntary basis to help other veterans through the maze of combat PTSD. I understand that NO therapeutic claims are being made by Sergeant Stahl. I further understand that there are no fees for these sessions. However, if I do find value in this effort, I am aware that donations will be accepted as I can afford, with said donations going into the perpetuation and possible expansion of this 'veteran helping veterans' effort. I acknowledge that participating in either of these groups can expose issues which can be both surprising and serious and need real (not so much the VA's) psychological/psychiatric help beyond the scope of these efforts. If such need arises, I hereby pledge to discuss the issue with Sergeant Stahl, and attempt to find the assistance I need and/or take a recess from the group as is in the mutual best interest of all.

Signed:

Date: